

PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Core School themes	Relationships		Living in the wider world		Health and well-being	
School events	Harvest festival		Aspirations afternoon People to talk about their jobs Maths week		Health and well-being week Sports morning	
Themes throughout the year in all year groups	School council- Class reps and consulting children NSPCC - Talk pants NSPCC - Speak out stay safe (School assembly) Year 2- Recovery position and basic first aid Helping others- Charity events Restorative practice and circle time					
Strand	Social	Emotional	Economic well-being	Being a responsible citizen	Physical	Sex and relationships
Foundation	Making friends Rules and routines Starting school	Behaviour and expectations Relax kids	Visit to Asda Money	People who help us Chinese new year Easter	Being active/PE Teeth Washing hands Clubs Healthy food (Support from Premier sports)	Chicks Mini-explorers Life cycles

Year 1	Beginning to understand me and others Link to RE/Families Link to science parts of the body	Knowing what to do Link to anti-bullying week Feelings	Learning about money and jobs	Taking part and belonging Link to RE/Belonging	Keeping safe and healthy Link to science/Basic needs, teeth and hair Healthy eating (Support from Premier sport)	Growing and caring for ourselves
Year 2	Others and me in my class Link to RE - Belonging	Developing confidence Mental well-being Feelings	Learning about money and jobs Spending money wisely	Rights and responsibilities	Keeping myself healthy, personal hygiene, medicines, diseases and germs Taking risks Healthy eating (Support from Premier sport)	Differences
SEAL Topics	New beginnings	Getting on and falling out Say no to bullying	Going for goals!	Good to be me	Changes	Relationships